



Katelyn Parsons <katelyn@mfbf.net>

May Is Beef Month!

1 message

Massachusetts Farm Bureau Federation, Inc <info@mfbf.net>

Tue, May 14, 2019 at 5:00 AM

Reply-To: info@mfbf.net

To: katelyn@mfbf.net



Celebrate Beef Month With Producers, MFBF

With Memorial Day weekend signaling the unofficial start to grilling season and beef being a culinary favorite in the American diet, the month of May has been dubbed 'beef month.' One organization, the Massachusetts Farm Bureau Federation (MFBF), is proud to advocate for local protein producers on Beacon Hill.



“The 2017 USDA Census of Agriculture indicates that there are 879 beef cattle operations in Massachusetts with 6,920 head,” said MFBF President Mark Amato. “It is MFBF’s job to ensure that those farmers are able to produce a high-quality product, without being overburdened by regulations. We work with legislators and officials on Beacon Hill to file and hopefully pass laws and regulations that will benefit our farmer members.”

For example, MFBF supports S.B. 1268/H.B. 1856, an act relative to agricultural commission input on board of health regulations. Many municipal boards of health have no expertise around farming but are tasked with making decisions that can impact the viability of local farms. This bill will require that municipal boards of health give local Agricultural Commissions an opportunity to weigh in on new or changing regulations related to agriculture, including livestock, so that farmers’ perspectives and needs can be considered.

S.B. 1268/H.B. 1856 is just one example of policy that MFBF supports that could be helpful to Commonwealth beef producers. Other examples can be found online,

at <http://www.farmbureau.co/legislative-priority/>.

“Farm Bureau is a grassroots, member-driven organization,” Amato said. “Through the support of our members, we are able to continue to advocate their behalf.”



Where To Find Local Beef

Please use the search feature of this map:
<https://massnrc.org/farmlocator/map.aspx> to find local beef producers near you.

Recipe: Balsamic Steak Skewers

Ingredients

- 1/4 c. balsamic vinegar
- 1/4 c. barbecue sauce
- 1 tsp Dijon mustard
- 1 lb sirloin steak cut into 1 in. cubes
- 2 c. cherry tomatoes



Instructions

- In a large bowl whisk together the balsamic vinaigrette, barbecue sauce and dijon mustard. Reserve 1/2 c. of the marinade for basting. Marinate steak in marinade, tossing to coat.
- On four metal or soaked wood skewers thread beef and tomatoes in alternating fashion. Using a long-handled tongs rub a paper towel that's been moistened with cooking oil over grill grates to lightly coat them.
- Place skewers on grill over medium heat, cover grill and grill until beef reaches desired doneness. Or broil about 4 inches from heat for 6-9 minutes. Turn occasionally and baste with reserved marinade during last three minutes of cooking.

Source <https://www.julieseatsandtreats.com/balsamic-steak-skewers/2/>.

Save With Your MFBF Membership



Do you have a bucket list of trips? Cross one off this month by taking advantage of your Massachusetts Farm Bureau membership, and receiving up to 25 percent* off Budget car rental.** Find out more, by visiting <https://www.farmbureau.co/member-benefits/> or book your reservation now by calling



1-800-527-0700.

*BDC discount rates may vary between 5 and 25 percent, depending on time of year, availability and other factors.

**The Farm Bureau BDC discount may NOT be stacked with other BDC corporate or membership discounts.

The Massachusetts Farm Bureau Federation is a non-profit organization representing nearly 6,000 family members across the Commonwealth. MFBF is an advocate for farmers, run by farmer members who develop policies through its grassroots process. Its mission is "to protect the rights, encourage the growth, and be of service to its members, in the best interest of agriculture."

For more information about the Massachusetts Farm Bureau Federation, please visit www.mfbf.net.

Massachusetts Farm Bureau Federation

[249 Lakeside Ave](#)

[Marlborough, MA 01752](#)

508-481-4766

www.mfbf.net



Massachusetts Farm Bureau Federation, Inc | [249 Lakeside Ave, Marlborough, MA 01752](#)

Unsubscribe katelyn@mfbf.net

[Update Profile](#) | [About our service provider](#)

Sent by info@mfbf.net in collaboration with



Try email marketing for free today!